

Ideas from *10 Secrets for Success and Inner Peace*

by Dr. Wayne Dyer
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Dr. Wayne Dyer's *10 Secrets for Success and Inner Peace* is a visually beautiful book and is an easy read while offering some spiritually and pragmatic directions. You can view Dyer on public television leading groups of people through the concepts of his ten secrets. Though I will list his ten secrets here for you, it is well worth exploring his thoughtful analysis of how each suggestion can be integrated into daily life.

1. Have a Mind that is Open to Everything and Attached to Nothing.
2. Don't Die with Your Music Still in You.
3. You Can't Give Away What You Don't Have.
4. Embrace Silence.
5. Give Up your Personal History.
6. You Can't Solve a Problem with the Same Mind that Created It.
7. There are No Justified Resentments.
8. Treat Yourself as if You Already Are What You'd Like To Be.
9. Treasure Your Divinity.
10. Wisdom is Avoiding All Thoughts that Weaken You.

Dyer has examined his own poor habits, sad history as an orphan and his beliefs and then developed a map to help others evolve past the stuckness that can so easily happen. His gentle and wise approach to success and inner peace are well worth exploring.

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