



## **Patricia Morgan's Bio for Event Programs and Promotion Purposes**

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**(NOT an introduction)**

**Patricia Morgan** works with organizations interested in strengthening everyday resilience. Audiences describe **Patricia's** message as meaningfully fun, surprisingly insightful and delightfully uplifting.

**Patricia** has authored ten books on resiliency and stress management. She is a recipient of Global TV's **Woman of Vision** award and the Canadian Association of Professional Speakers' **Spirit of CAPS** for her contribution to the Canadian speaking industry.

**P a t r i c i a   M o r g a n**

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